

PADDLER

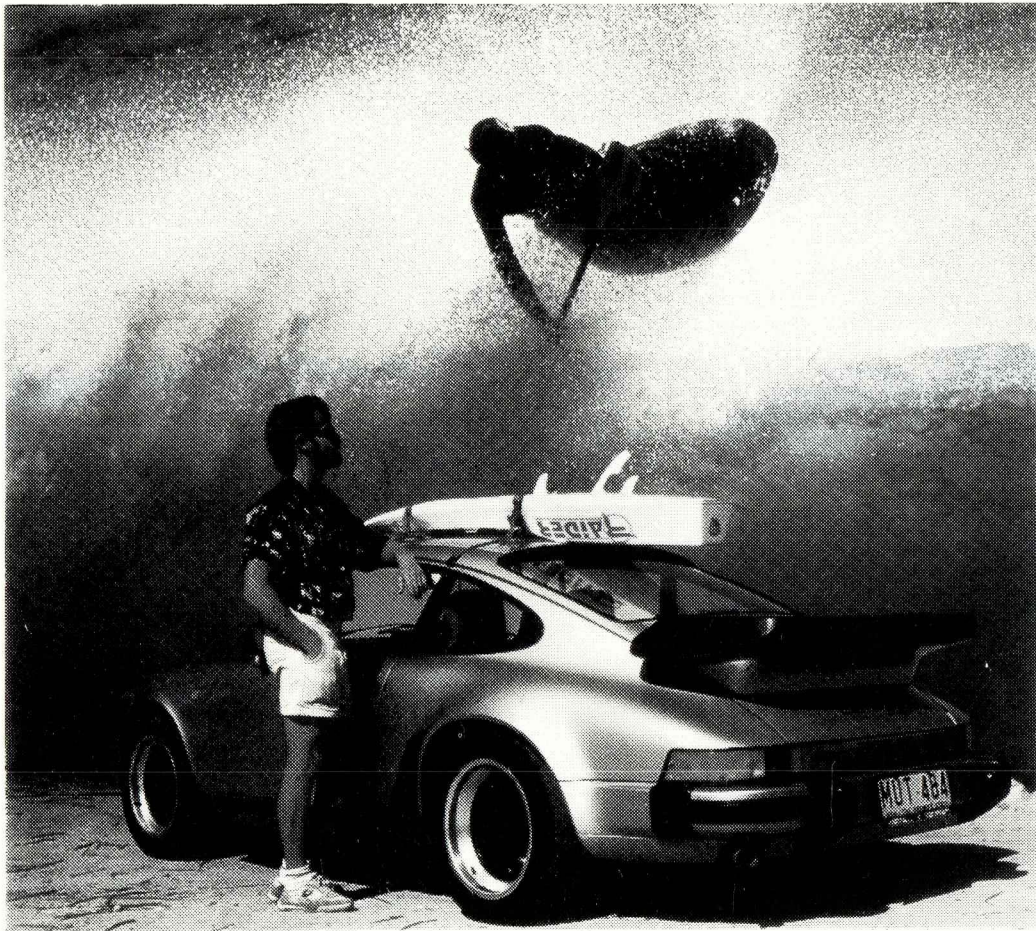
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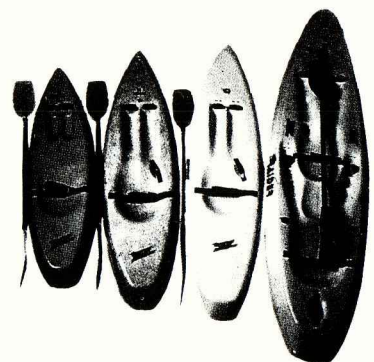
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Peter Eckhardt,
at the 87' Worlds'.

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PADDLER

CONTENTS

- 4. Sprint Selection Policy.
- 8. Jacoby's Hat trick.
- 10. The Year of the K2.
- 13. Wing Paddles.
- 16. OutFOXed!
- 19. Slalom Ladies at the Worlds'.
- 23. Slalom Tips.
- 25. Polo.
- 26. CanoEd.

SPRINT SELECTION

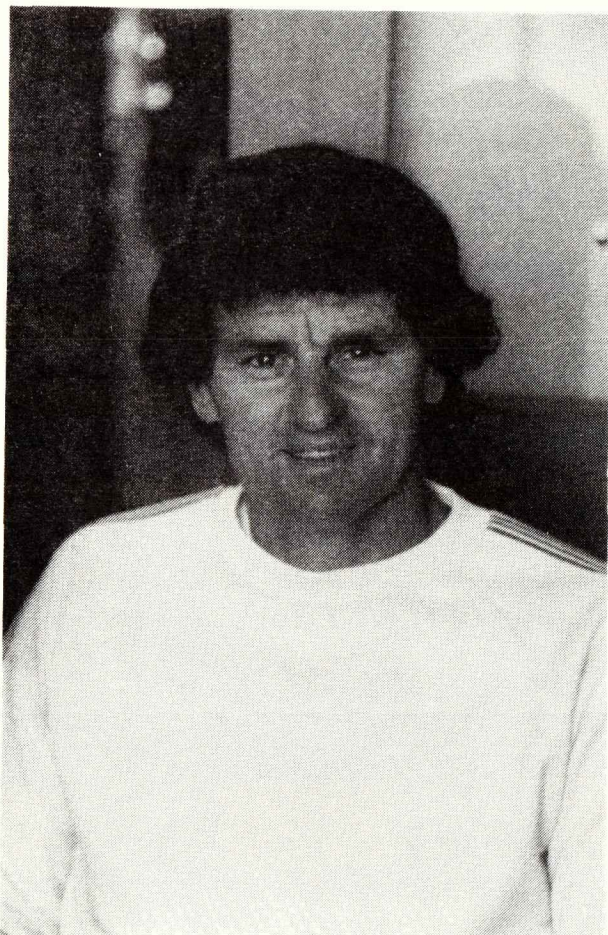
POLICY.

FOR WOMEN, IS IT

FAIR?

"Most of the competitive disciplines include women in their national teams- all except racing".

from 'Canoe'



Reg Hatch.

There is no question that, in Australia, Male paddlers outnumber female paddlers. Lets just refer to Sprint and Marathon at this time. The exact extent of this minority is unknown as there have been no surveys completed. If we let the mind calculate what we see at regattas and LD., races we will not need the calculative mind of 'Einstein' to reach a strongly biased conclusion.

Take the sprint national championships held in Ballarat 1987.

If we combine the Junior and Senior Males and Females at those championships the figures turn out like this;

30.76% of females compared to males.

Then if we break this down to Junior and Senior level;

Junior Women ..31.25%.. of Junior males.

Senior Women ..30.50%.. of Senior males.

On the International scene at last years World Championships in K1. 500 metres;

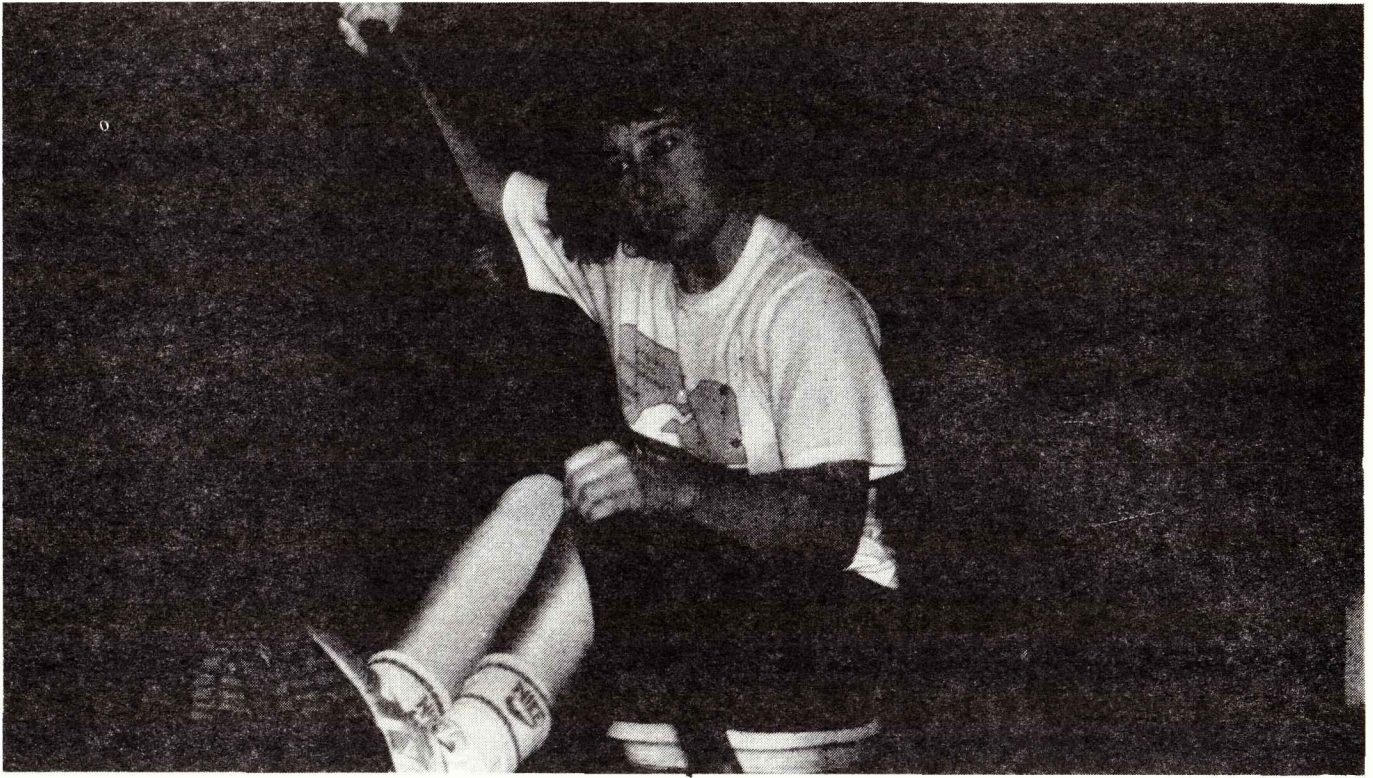
Women had 78.00% of the representation of men.

Women had 77.00% of the representation of men in K2. 500 metres.

These are really just surface difference and women who take their paddling seriously often do so for all the right reasons. However the quality of their achievements is judged somewhat subjectively. You see the selectors in their infinite wisdom pluck times from somewhere and write these on a piece of paper saying they will take all things into consideration and close the policy statement by saying they reserve the right to change their minds whenever it suits. Isn't there something in the constitution about the selectors job being completed when the team is chosen??

If one of our ladies had achieved the selectors time this year she would have finished eighth in the mens final. The girls and boys are selected on one showing and forget that you have raced brilliantly for the rest of the year and only being unwell has let you down. So get your doctors certificate and crawl (because you are sick) across to the selectors and put forward your case. If you are relatively new to the sport, say in the sport for five years or less, write your name in VERY LARGE LETTERS.

I often if the selectors need to be at a National Championship, they use the result sheet and times only in the choosing of the team and I have it on reliable sources that they don't even know all the competitors: eg. Selector: "Who's that over there?".



Well-known Victorian Paddler. "Paul Gillmour".

Selector: "G'day Paul, you've lost some weight."

Paul: "Actually I've put on almost four kilograms."

Selector: "OH".

Back to the story. One Lady made this years Sprint team and only after a protracted battle and the assistance of the Equal Opportunities Board (who couldn't help as they didn't see canoeing as a professional body) and a couple of womens rights groups plus letters from coaches and concerned competitors.

I was talking to Sharon Waldron about this and her question was quite blunt and painfully obvious;"are our girls good enough"?

After pondering this question I am forced to say I don't know. Our ladies have had little success in sprint racing on the international scene and the next question flows on from that. Why?

Are they treated properly?

Was Liz Blencowe treated properly in 1984 when an Australian medal went begging.

How do we mess up our girls?

Is sending a single girl on a team of ten men going to enhance her chances?

When are we going to have a woman selector?

Would it be better for a single girl to travel with a chaperone, manager, coach?

If one of our ladies had achieved the selectors time this year she would have finished eighth in the mens final.

You see we may have some successors to Liz Blencowe out there but while the girls get a hard time from the selectors how can we expect them to pursue an end goal?

How many Liz Blencowe's can we afford to lose?

How about the relatively new sport of Marathon Racing and ask some questions about them.

Why are their girls relatively more successful than those in sprint?

Why are they collectively more successful?

Why do they produce more top five place getters?

Now, lets not hear the sour grapes arguments about their competition being substandard. Does Lisa Martin* have the same problem?

They seem to get more support from their committee..yes!

They are female athletes who have been given a chance. A good slalom example at this time; we sent ladies away on slalom trips for a number of years without real success and now those same ladies have broken into the top ten and are greatly respected for their efforts.

Our marathon girls are feared by overseas competition and always acquit themselves exceptionally well. Well done marathon and slalom.

Are we losing sight of our goals in sprint?

* *Lisa Martin. Is Australia's well credentialed winner of many overseas marathon races.*

ED: *The editorial below appeared in the April edition of 'Canoe', the magazine of the Queensland Canoe Federation. It also has some interesting opinions on womens canoeing in this country.*

Women in the male dominated sport of canoeing hold some very powerful positions-

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SIZES.
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Canoes Plus

National President (and Australian delegate to the ICF Slalom Committee), National Executive Director (and National Secretary/General), as well as being Chairpersons, secretaries, selectors, paddler representatives, directors of coaching and editors of varied state and national committees. Of the 18 national office bearers 10 are women.

Why is it then that women are not more prominent in the competitive side of the sport? It is not from lack of trying. Most of the competitive disciplines include women in their national teams- all except racing! Women, except for one, have not shown up strongly in this discipline of canoesport. One of the members of the 1964 Olympic team left Australia injured and was unable to paddle. Despite special trials that were organized for and not attended by AOF officials Australia's only woman nominee for the 1968 Games was not approved by the AOF Justification Committee. The women who competed at Montreal did not reach the finals. Australia's representative in 1984 was 8th, but unfortunately her heart has taken her to New Zealand.

It appears unlikely that Australian women will represent at Seoul. This year concerted efforts to constitute pairs and fours that would impress the selectors were frustrated by poor weather and poor course marking.

Even if a LK4 performs superbly at next years selection trials will it be justified by the AOF if it has not previously performed internationally. What incentive is there for dedicated sportswomen to keep trying when the pinnacle of their ambitions is a castle in the sky?

Ed: *This small quote also appeared in 'Canoe'.*

It accompanied a listing of the results from the sprint Nationals.

"Once again no open ladies were selected, and I'm afraid I am not sure why. Because of poor weather conditions all the times were slower than those set down by the selectors. It appears to me, from the comfort of my arm chair that the open ladies times were not any worse than any other group selected!"

RESPONSE: THE OTHER SIDE OF THE COIN.

What the selectors had to say:

Thank you for your invitation to respond to articles you intend printing in 'The Paddler' concerning the non-selection of ladies in Australian Racing Canoe Teams.

You would understand that it is difficult to comment on articles, and letters that one has not read, however there are a few opinions of a general nature that I am happy to express, and details that might clarify points for 'The Paddler' readers.

The Selectors gain no perverse pleasure from not selecting men or women to Australian Teams, nor the inevitable confrontation it brings. The Selectors are aware of the great personal disappointment non-selection brings and therefore give considerable thought to the standard of performances they see before selecting the team. The Selectors could quite easily put everyone in the team and have all onside, but this would hardly be responsible selection, or a method worthy of an Olympic sport. Thus the Selectors use methods of selection that in their opinion ensure an acceptable standard of selection. The excellent performances by Australian Teams, I believe, speaks for the Selectors methods.

Each year the Selectors publish a Selectors Statement giving guidelines and times. The guidelines are broad, otherwise a book would have to be published to cover every situation imaginable. The times are derived from all the World Championships from 1975, and calculated by computer. I find it strange that those who criticise the Selectors methods, etc. do so only after selection. It is regrettable that such "wisdom" is not shared with the Selectors when they release their selection policies. However I invite any of 'The Paddler' readers who believe, he or she, that they have better guidelines or times, to forward them (and their justification) to the Editor of 'The Paddler', who can forward them

on to the Selectors by the end of September, for consideration. The so-called escape clause at the end of the Selectors Statement (*Ed: giving the Selectors a right to change their minds at any time*), on that I can only say, would YOU make such a statement without one.

I know of no other sport where Selectors comment on specific selections, and I certainly am not going to part from that tradition.

Competitive sport is emotional, thus one expects competitors, their coaches, their friends, and others to vent their disappointment. While some cannot see the forest for the trees, other are ill informed and some probably prey on such disappointment for political reasons. While Selectors can make mistakes, every effort is made to eliminate them from selection by not rushing the selection of any team, and by full and lively debate. These methods have ensured the overall general acceptance of, and confidence in, the Selectors decisions by officials and competitors alike.

A few words on the non-selection of women in the 1987 Racing Team.

After the announcement of the 1987 Team, the Selectors received a letter from one ladies Coach, and phone representation from another on behalf of the ladies not selected. After due consideration, and deciding the poor condition of the Lake Wendouree course may have detracted from the ladies performances, it was decided to give the ladies another chance. One lady met the requirement and was included in the team. Talk of discrimination against the women by the Selectors is ridiculous in the extreme. Readers should be aware that all Australian Canoeing Teams have to be submitted to a justification committee for approval. In 1987 this committee consisted of two ladies, the Team as selected was approved.

Finally, the Selectors are continually discussing their methods seeking improvement, they would be only too pleased to consider other philosophies, etc. on selection. The time to supply them is now, not when emotions may colour your reasoning.

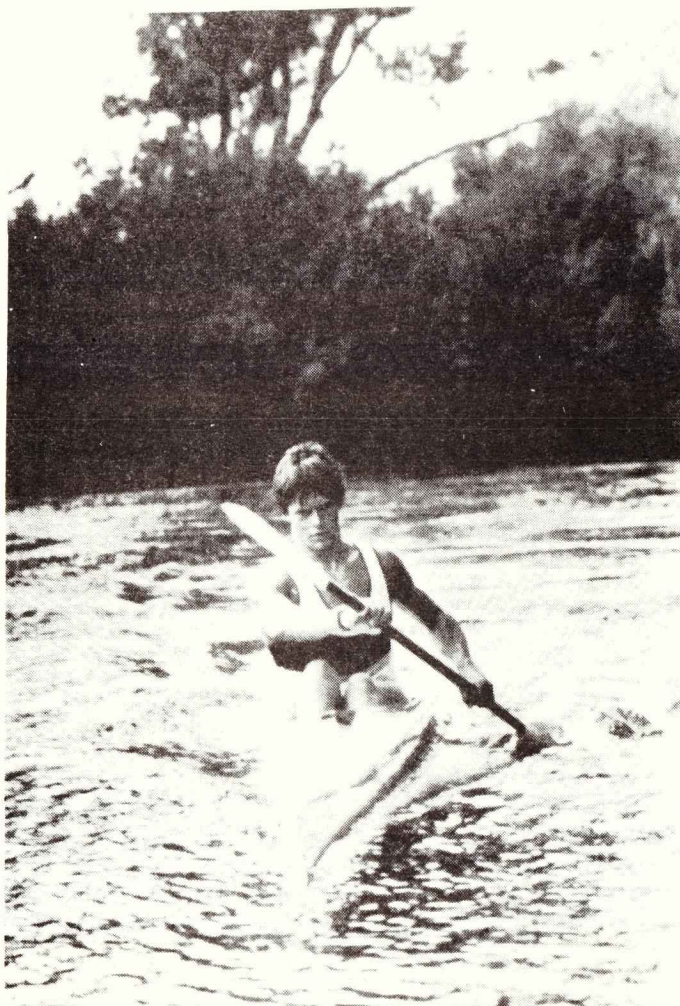
Ian J Farmer.
National Selector - Racing
21 July 1987.

MARATHON

WORLD TITLE

FOR JACOBY

JACOBY SCORES A HAT-TRICK



John Jacoby. World Marathon Champion.

John Jacoby won his third consecutive World Cup gold medal in the K1 class at the World Cup Marathon at Carrick-on-Shannon in Ireland on Saturday, July 25.

Mathew Coulter was second making a 1-2 clean sweep for Australia in the prestigious K1 Class. Third was Deane Packness of Denmark. Packness was second to Jacoby when he first won in 1985.

Speaking to me from Ireland on Sunday, Jacoby said he and Coulter worked together during the race in an attempt to drop the fourth place getter, Duncan Bligh of Britain. Bligh is a strong sprinter and was content to ride the two Australians to avoid doing the work. Jacoby made a break at the second portage, some 17 km from the finish, and managed to extend his lead over Coulter to 2 minutes 26 seconds by the finish. Bligh, like all sprinters, blew up and Packness managed to take third.

Australian paddlers won medals in all other classes except one, with some surprisingly good results.

Overall, Denmark won the World Cup for the fourth time on 121 points. Australia was second on 112 and Great Britain third on 111. The Cup seems to elude us to Denmark which won gold medals in four of six classes. Lars Koch and Thor Nielsen won the mens K2 in a close finish with four boats within 9 seconds of one another. Ivan Lawler and Graham Burns of Britain were second and Colin Brown and Ramon Andersson of Australia were third. As I understand it, Brown and Andersson did most of the work in the race to keep the pace up as the others were happy to let it drift along and wait until the final sprint. The other Australian crew of Tim Doyle and Ian Gardiner were forced to retire due to equipment problems.

This was Koch and Nielsen's third consecutive win and Koch's fourth World Cup gold medal (he won K2 with another paddler in 1983). Paddlers with the Murray Marathon in 1984 will remember the incredible performance these two put up in 1984 when Koch set the K1 record of 27 hours 40 minutes 10 seconds. Koch and Nielson will be in Australia in December this year to compete in the Murray Marathon again, this year in K2 (see following article 'The Year Of the K2')

The women K1 was again won by Anne Plant of Britain, also her third consecutive win. Australian Jane Hall was third, 2 mins 31 seconds behind. Hall was second to Plant in 1985 and 1986 and seems to have suffered bad luck each time.

The womens K2 was won by Lene Larsen and Helle Stuart of Denmark only 39 seconds clear of Helen Jacobsohn of Gayle Mayes of Australia. Breda Keating and Carmel Barry of Ireland were third. This was an excellent result for the two Australians even with the absence of last year's winners, Perrett and Lawler.

Another excellent result for Australia was in the Mens C2. Predictably the race was won by the Danish crew of Sorensen and Anderson. However, Ian Docking and Roger Fenwick put in a very good performance to come second. Rehder and Reinmeth of West Germany were third. There were 8 C2's in the race this year.

The C1 was won by Jetsen of Denmark with Gohar and Williams of Britain taking the minor places. Echuca's Ken McMullen was 6th.

Overall, a good result for Australia. To win the World Cup, it seems we need to broaden our talent across the classes, but, as can be seen from the high medal count, this is slowly happening.

James Sloan.

MENS K2.

1. LARS KOCK/THOR NIELSSEN. (Den) 2.59.40
2. IVAN LAWLER/GRAHAM BURNS. (G.B) 2.59.43
3. COLIN BROWN/RAMON ANDERSSON.
Australia 2.59.45
4. ROBIN BELCHER/GUY DRESSER. (G.B) 2.59.51
TIM DOYLE/IAN GARDINER
Australia D.N.F

MENS K1

1. JOHN JACOBY (Aust.) 3.11.02
2. MATTHEW COULTER. (Aust) 3.13.28
3. DEANE PACKNESS.(Den) 3.15.06
4. DUNCAN BLIGH.(G.B) 3.16.46

WOMENS K2

1. LENE LARSEN/HELLE STUART.(Den) 3.25.48
2. HELEN JACOBSONH/GAYLE MAYES
Australia. 3.26.27
3. B. KEATING/C. BARRY (Ire) 3.29.44

WOMENS K1

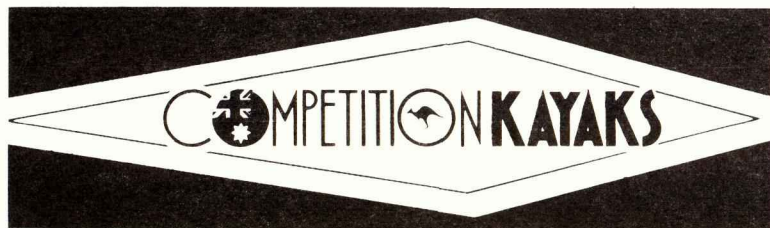
1. ANNE PLANT.(G.B.) 3.37.22
2. JACKIE EASTWOOD.(G.B) 3.37.32
3. JANE HALL.(Aust.) 3.39.53

MENS C2

1. SORENSEN/ANDERSON.(Den) 3.20.29
2. DOCKING/FENWICK (Aust) 3.24.44
3. REHDER/REINMETH. (FRG) 3.38.50

MENS C1

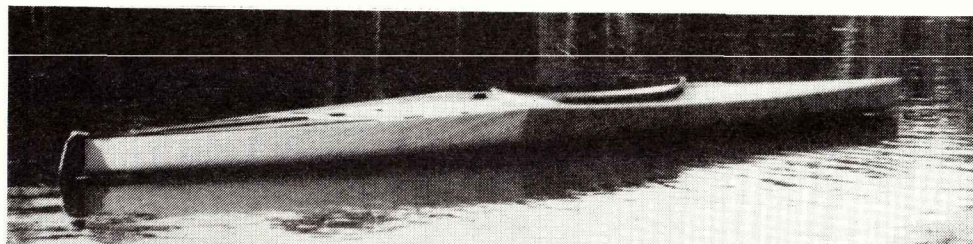
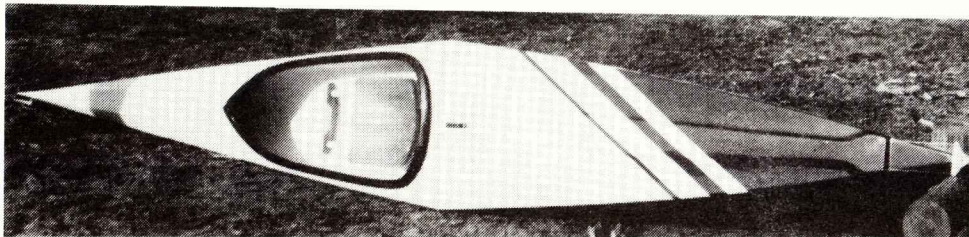
1. JETSEN (Den) 3.38.43
2. MARCUS GOHAR.(G.B) 3.43.15
6. KEN MCMULLEN.(Aust) 3.58.34



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THE YEAR OF THE K2.

1987 Red Cross Murray River Marathon

Calling all marathon racing kayak paddlers!
If you have ever planned to do the Murray

Marathon in K2, this is the year to do it.

In the past the K2 class has had the odd good crew, but never a field of top crew as has occurred in the K1 class on a number of occasions. Plans underway this year hope to change that.

Three times World Cup K2 winners, Danes, Lars Koch and Thor Nielsen, are headed to the Murray this year. Koch holds the K1 record and no doubt is looking to set a fast K2 and outright record.

Robin Belcher from England is arriving in Australia in October. Plans are underway for Robin and myself to team up in K2, if I get the chance to train. Robin has twice won

the K1 in the World Cup and was 3rd behind Lars and Thor in the Murray Marathon in 1984. We hope to do all the lead up races and be reasonably fit to provide some sort of competition for Lars and Thor.

Richard Ward, also from England, will be travelling to Australia with Robin. Richard has extensive marathon experience with a number of Devizes to Westminster races (125 miles non-stop) under his belt. He and Robin won this year's D-W. Richard is looking for a keen Australian partner for the Murray. Anyone without a partner who is keen should get in touch with me on (060) 431145.

A number of other potential crews are starting to come together, including Tony Zerbst, Zane Douglas, Peter Shorten and Peter Hogg. The actual combinations or decisions have yet to be made!

No doubt Lars and Thor will be favourites.. Given their recent World Cup events, it seems they will be happy to have a large field working together to ensure a good time. They are probably confident of winning the sprint to the line but, as we all know, anything can happen over five days. The point is though, that a large field of K2's will be good for all in the bunch as the racing is more interesting and everyone does a faster time. It is also more spectacular to watch.

The present K2 record is held by Peter Hogg and Robert Edgar. A good field and a good year could see this record taken well under 27 hours.



Robin Belcher and
Richard Ward.
Here for the Murray
Marathon this year.

WORLD CHAMPIONSHIP

All state marathon committees have been asked to provide information to the A.C.F. Marathon Committee and the I.C.F. delegate Chris Cunliff-Jones so that a feasibility study into the conducting of a WORLD CHAMPIONSHIP in Australia can be carried out.

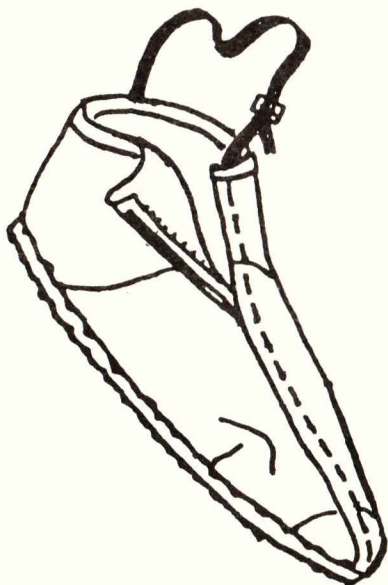
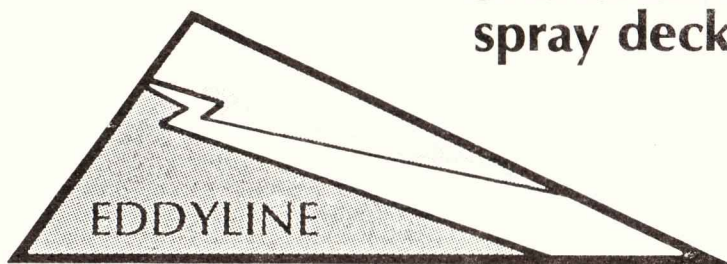
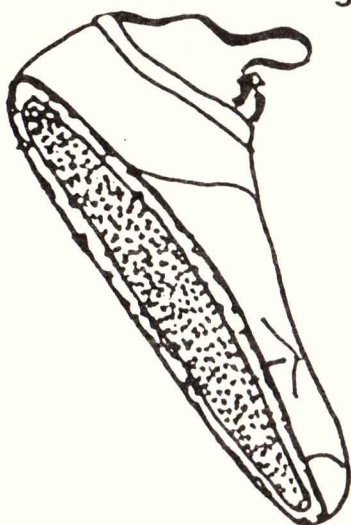
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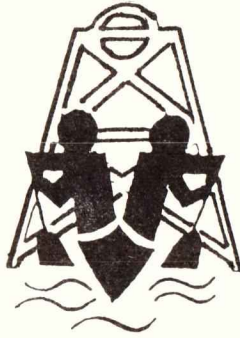
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HISTORIC
**BENDIGO
POTTERY**

VISIT VICTORIA'S
MOST DECORATED
TOURIST ATTRACTION

THE GEELONG MARATHON. JULY 19th.

With prior experience to fall back on many marathoners went to Geelong expecting it to be a cold, rainy, windy visit and an experience perhaps better forgotten. As the course was being set up and official tents erected that is exactly the way it was.

However, just before to the course briefing, the rain stopped, the sun shone, the wind eased, and, although it wasn't warm, it was a relief to look forward to a race which wasn't as bad as it might have been.

Over the last few years, the Barwon River has provided very tough racing conditions, either because of flood, wind, cold or just by being close enough for large fields to assemble, and even though the 'elite' fields were down, racing was tough.

It was interesting to note three ladies paddle the Men's B grade section.

Because of recent rain, the river level was up a little, and the portage was very slippery underfoot. Just to add a little sting in the tail of the race, there was a fairly swift current under the Queen's Park bridge with a few eddies just to keep those paddlers who aren't used to them on their toes.

K2 partners and Warrnambool winners Peter Hogg and Peter Shorten battled for honors in Mens A grade K1, with Peter Shorten finishing ahead.

To completely destroy their opposition, the power house Vet 35 pair, Kevin Phillips and Murray Rantall overcame missing the start and breaking a footrest to blow thier opposition away and win by 'miles'. It's probably just as well that they don't live near each other and can't train together, or they may really be unbeatable. Kevin and Murray are really so good that they set the standard most Open Class TK2 paddlers can only dream about.



WHEN SENDING ARTICLES TO
THE 'PADDLER', PLEASE TRY
TO INCLUDE SOME PHOTOS.

TO WING OR NOT TO WING!

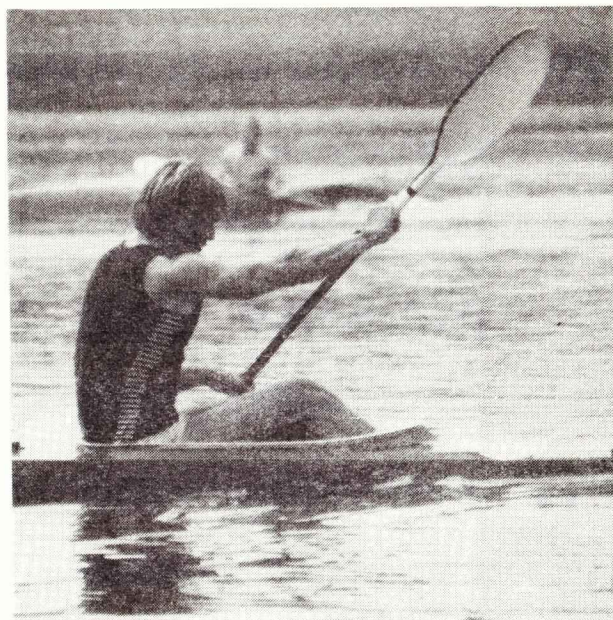
History of the wing Paddle

The original wing paddle was tested by the Royal Institute of Technology in Stockholm with the following conclusions - that a 3% higher efficiency occurred, so that your anaerobic threshold could be pushed to 3% higher than before, which seemed of great significance to marathon paddlers and of course sprint paddlers.

It was late in 1983 that development of different prototypes started in Sweden, but it was not until 1985 before it was considered, developed and ready for regular use. 1985, in Mechelin at the World Championships, 6 Swedish paddlers used 'winged' paddles and together returned home with 3 gold, 3 silver, and 2 bronze medals.

Since 1985 there has been controversy as to the value of wing paddles and when first demonstrated at Ballarat in 1986, most top paddlers thought the whole concept a joke. Since then there have been differing ideas on wing paddles - whether to go longer or shorter, the blade angles and even blade modifications.

After talking to the New Zealand Sprint team and other users of wing paddles while



training at Nottingham in early July the following points seem paramount -

1. Wing paddles should be the same length or about 1 cm shorter than a normal paddle. Not longer as originally promoted.

2. Wing paddles are best suited to big, powerful paddlers. Wing paddles make 'brute' paddlers into champions. Not all paddlers are suited to 'wing' paddles. Juniors, ladies and lighter men will probably be better off with conventional paddles. Paddlers with good style and technique often gain no benefit or go backwards with a wing.

Wing paddling is different to conventional sprint technique. It is all 'grunt and grind' with lots of force going into each stroke, recovery is higher - more slalom orientated than traditional sprint orientated styles.

3. Paddle Selection-

All the New Zealand team and Norm Billingham from the U.S.A. use original Wing or Wing copies. Blades are straight and not angled from the shaft. Blades and shaft should be as stiff and rigid as possible to give maximum grip and pull on the water. To cope with this rigidity, paddlers must get used to shoulder soreness and be strong enough to overcome the effect of this concept.

4. Technique-

To illustrate technique of using a Wing Paddle, the photo sequence is of Norm Billingham from America - a very powerful paddler who seems to have adapted well to a 'Wing' and the prediction is he will win a medal at the '87 Worlds and a definite individual Olympic Gold next year.

Roy Farrance.



Warrnambool

Marathon.

June 28.

On the first day of the new schedule school holidays, a very hardy band of canoeists took to the windswept waters of the Hopkins River at warrnambool for the first V.A.C.A Marathon to be held there.

The Twin Rivers Canoe Club had structured a very interesting course which was to prove a testing exercise.

In cold weather with increasingly strong winds, many paddlers found the second circuit very tough, and in all, 13 craft withdrew. Through very good organisation, especially by Twin Rivers in providing additional safety craft, all withdrawals were easily accounted for and even though a couple of paddlers were very cold they were quickly returned to the start finish control.

The course covered a picturesque section of the Hopkins river which was generally wide, but because of the prevailing wind, became very choppy in sections, and in parts there was considerable swell.

As the tide turned, some very interesting currents were encountered near the downstream turning bouy, and some international class paddlers also met some troublesome waves as they re-entered the water after the portage.

Touring class paddlers were, in the main, glad that the portage didn't apply to them.

Once again as the 'going got tough, the tough got going', and the good paddlers really did show how it should be done.

Kevin Phillips (TK1 Vet 35), Peter Hogg-Peter Shorten (K2), Janet Frost (LK1), and Jason Rantall (JK1) all had very clear wins, leaving everyone else to realise just how much they need to improve to match them.

Two outstanding efforts of perserverance were applauded by all at the end of the day as Leon Hosi (TC1) and Jenny Fenwick (LK1), battled the wind, the waves, and the cold as well as their craft to complete the course.

With hindsight, (which is a marvellous thing) the course may have been too long in the conditions, but that should not be seen as any reason for not going to the Hopkins for another race.

GRAND PRIX SERIES

Following the motion at the 1986 AGM, it has been proposed to conduct an interstate Grand Prix event to commemorate marathon canoeing during the 1988 Bicentennial.

Loosely, the proposal is that each State nominate one or possibly two events during the season leading up to the Australian Championships on 2nd and 3rd, April.

Given the packed calendar of canoeing events in the first quarter of 1988, it is suggested that Grand Prix status be given to existing events in which paddlers can compete to gain points either individually or for their State.

The following events have been proposed as part of the Grand Prix, although proposals are still being called for:

Feb 13 .. Burley Griffon Bash, Canberra.

March 5 & 6 .. N.S.W. Champs, Kangaroo Valley.

March 12 & 13 .. Interstate Marathon Races, Albury/Wodonga.

April 2 & 3 .. Australian Champs, Brisbane.

The events listed above include the National Championships, a race in the National Capital and an interstate event, giving a flavour of interstate and national spirit.

Canoeist of the Year

The V.A.C.A. is seeking nominations for 'Canoeist of the Year'.

This honour is bestowed annually on the person who has made the most significant contribution to canoeing in the previous year.

The term of the award allows the selection of any paddler, coach, official or administrator.

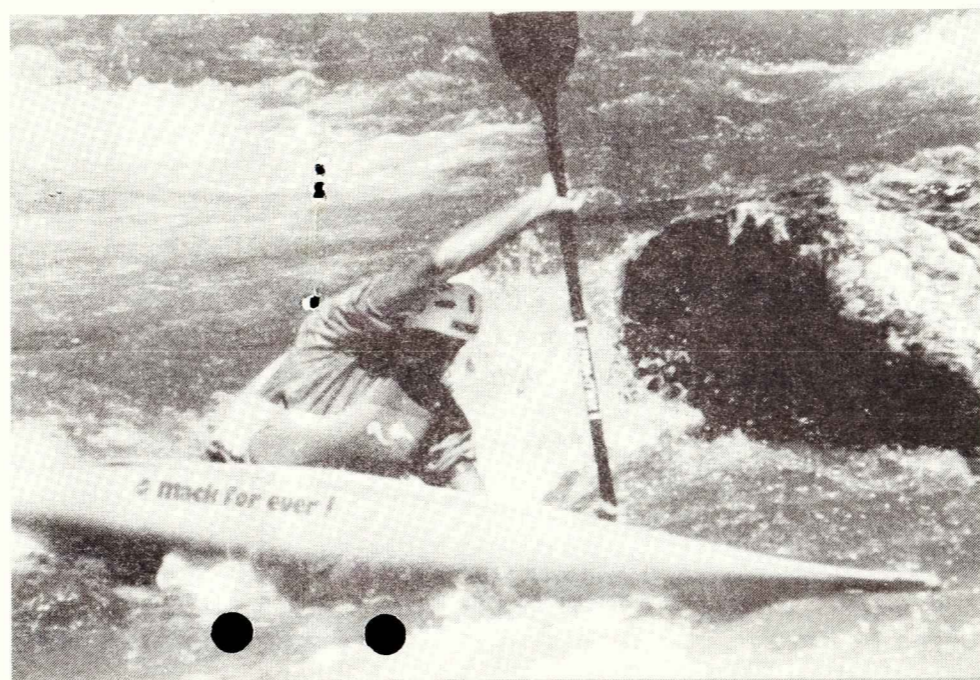
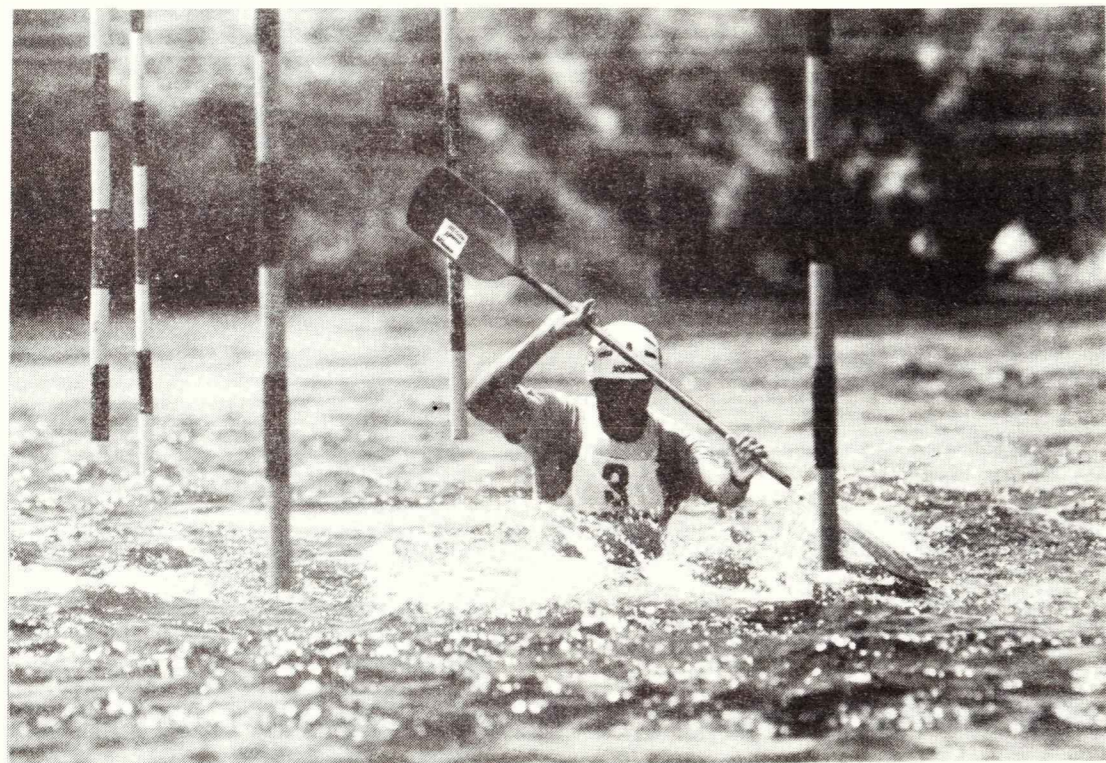
All nominations for outstanding performances in the period 1/10/86 to 30/9/87, should be sent to the V.A.C.A's Secretary- Jill Prior, 1 Byrne Court, Cheltenham, 3192 by 14/10/87. These nominations should contain a full description of the canoeist's achievements during the period.

The award is judged by the Executive Committee of the V.A.C.A.

Any paddler, club or V.A.C.A. committee may submit nominations.

Previous winners have been:

1979/80	John Sumegi.
1981/82	Elizabeth Blencowe.
1983/84	Peter Genders.
1985/86	John Jacoby.

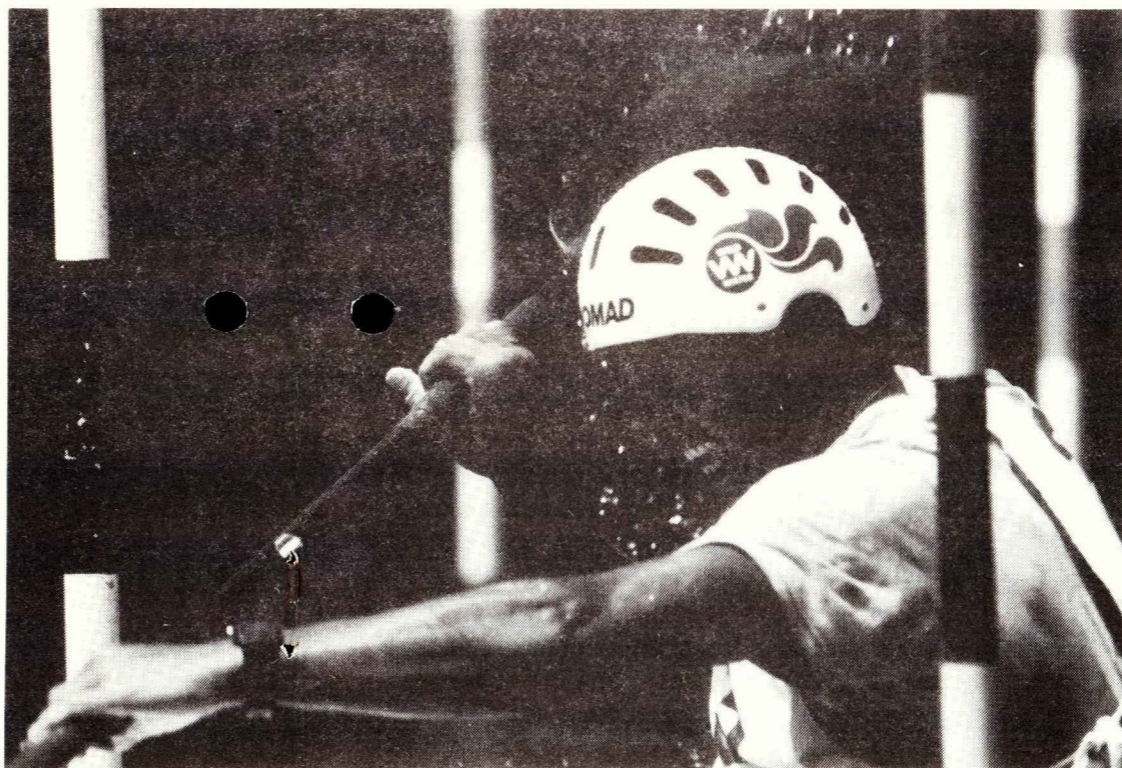


outfoxed...



TOP RIGHT:
Richard Fox during
a training run at
Bourg St. Maurice.

ABOVE and LEFT:
Fox, as seen at the
Goulburn River in
Victoria in the
Summer of 86'.



ABOVE:
Three times World
Champion; Fox,
flat out at a
Goulburn slalom.

The World's most renowned slalom paddler, Richard Fox, had to relinquish his world crown for the first time in six years when he was narrowly beaten by Germany's Anton Prijon.

Fox may still be content to know that he had the fastest time down the course, but a penalty on each run on gate 13 put him into fourth place.

Fox once said that a true champion never makes the same mistake twice, but unfortunately for Richard gate 13 was his undoing, as otherwise he paddled brilliantly on each run.

The Australian Mens K1 paddlers, although not well placed, paddled very well. Lindsay Binning 26th, and Jon Males 37th both had clear runs and for Lindsay to be only ten seconds behind the winner on a 3.5 minute course is good.

The Australians have come along way- they are confident, capable and fast, but just not fast enough. As Australian standards improve, unfortunately so does the rest of the world.

The Australian Mens C1 paddlers also paddled well with Peter Eckhardt in 24th place and Craig Bartlett in 26th. Both had good runs but just not fast enough.

The C1 event was again dominated by the Americans with Jon Lugbill a clear 10 seconds ahead of the previous World Champion Davey Hearn; with Bruce Lessells in 3rd place. The fourth American paddler- 18 year old Jed Prentice came in 6th place. With these results, America looks like retaining their hold on the C1 event.

The water at Bourg St. Maurice is big and most Australian paddlers admit that it is the fastest water they have ever paddled on. With the continually fluctuating levels and limited training on such water it makes it very difficult for Australian paddlers to ever really get used to the conditions.

The 2 million dollar budget to run and organise these championships was well spent on course development and access, but unfortunately no amount of money can cope with torrential rain only a few weeks before that altered a once almost perfect course.

most of this years paddlers will return to try even harder over the next two years.

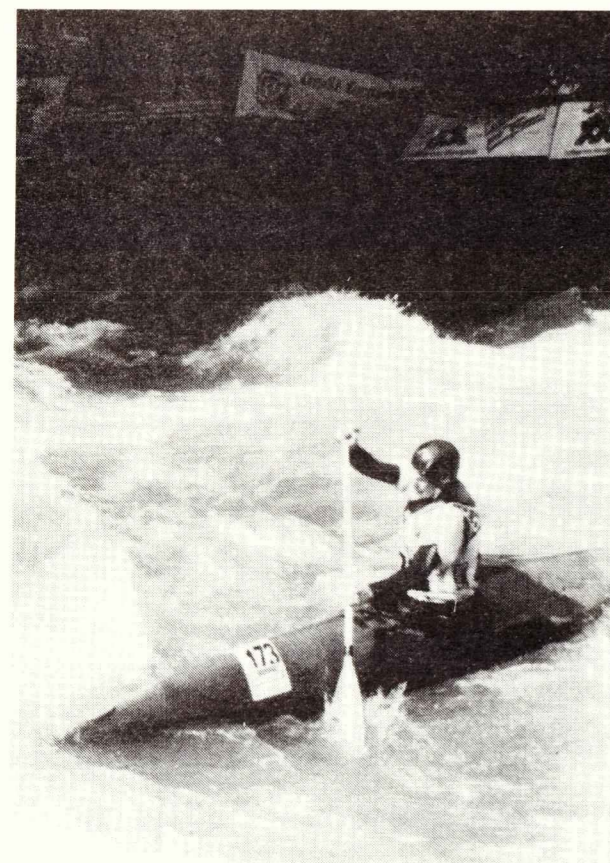
Roy Farrance.

GEOFF WINS RAPID RIVER RACE.

The best overall result by an Australian paddler at this years Worlds was undoubtedly Geoff Donovan's 9th in Wildwater C1.

Even though not as good as Geoff and others had hoped for, or even Geoff's 8th place two years ago, it was still a fine result. Geoff's disappointment soon changed to elation when he defeated World Champion Zok in the International Rapid River Race which was held in between the Wildwater and Slalom competitions.

With only the top 10 C1 paddlers in the World being invited to compete, Geoff's runs over the 600 metre course shows his speed and ability over a short distance and was a real Australian highlight for the week.



Geoff Donovan. 1st in the Rapid River Race.



Gilles Zok racing to his 4th title

Whilst Jodie Fellows, the only Australian lady paddler to compete in Wildwater in this years World Championships also showed tremendous dedication and promise to gain a much improved result on her previous world's. In the LK1 Rapid River Race Jodie also showed her speed by picking up 4th place, only a fraction out of the placegetters.

The top Wildwater Mens K1 paddler Geoff Gilchrist picked up Australia's best ever Mens K1 result by coming in at 13th to beat Peter Genders' 14th place at Bala in '81.

On a continuous whitewater course like the River Isere at Bourg this is a magnificent result, where you see four French and four German paddlers ahead.

On the easier, flatter course at the Savage River in America over the next two years Gilchrist can look forward to an even better result. The dedication and training being shown by this young paddler is a real inspiration to wildwater paddling in Australia.

Once again Australia managed to field a full team of Wildwater C2 paddlers, but unfortunately the big, continuous water was nothing like the gentle rivers of home and all our C2's had to be content with 25th, 26th, and 27th place.

For some of the C2 crews the greatest excitement would have been in winning the French Grand Prix Raft Race held earlier. The French Raft Race with its \$30,000 entry fee is a very high profile event in France with names like Allan Prost and the Princess of Monaco in attendance.

Six Australian paddlers were invited to represent the local ski resort of Tignes and to the delight of the local town, won both elimination races and the final 25 km Grand Prix.

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our leading ladies

Australian lady paddlers turned in top performances at this years World Slalom and Wildwater Championships that have just concluded at Bourg St. Maurice in France.

Our Australian ladies gained excellent results with Jodie Fellows 12th in Wildwater whilst in Slalom three girls gained the best ever results by Australian ladies with Viv Golding 12th, Danielle Woodward 15th and Mandy Lindern 16th. In both Slalom and Wildwater events each country is allowed to enter four paddlers per class, thus making for very strong fields with dominant countries, like France, often picking up four places out of the top ten.

Great Britain's Liz Sharman with a superb, clean first run nudged France's Myriam Jerusalmi out of the gold medal, with Germany's Elizabeth Micheler in third position. Myriam, a very popular paddler amongst Australian's since her three month training visit last summer was favoured to take the title, but her precision and concise paddling could not quite cope with the speed and strength of Liz Sharman who well deserved her second world title.

The Australian ladies improvement in results is due to their own continued dedication to the sport, often despite lack of administrative back up and funding, along with the continued selection policy that encourages and sends four women paddlers to all major events.

In 1981, only six years ago, slalom and wildwater had a subjective selection policy and resultantly Australian results were always towards the tail end. After the '81 Worlds the policy was changed to encourage ladies to paddle overseas and gain valuable experience. The plan was long term with no immediate goals in mind. However, with persistence and dedication the present girls have now made over twenty overseas trips between them- all virtually at their own expense.

Australian lady slalom paddlers now are ranked the fifth country in the world. As Cathy Hearn (former World Champion) said- "It won't be long before you guys will be looking at medals"



Danielle Woodward, Mandy Linden



But the question is for how long can our top paddlers keep improving overseas without administrative help, finance and proper backing. Compared to the French Team our teams get nothing!

Members of the French Slalom and Wildwater Team received this year a monthly training grant equivalent to their normal salary for twelve months so they can concentrate full time on training and competition, all accomodation and travelling expenses fully paid, supply of all equipment from boats, paddles, buoyancy vests, spraycovers, team tracksuits and of course full-time coaches.

When looked at in this perspective, although Australian canoeing in many aspects is living in the past century, our competitors results are nothing short of excellent.

Competing at the top requires a professional, elitist attitude with the back up of professional administration. It is promising that our paddlers show dedication and a professional attitude towards thier sport, even though there is a limit to how far one can go without suitable support.

Roy Farrance.



Greg Salter,
at Nymboida.

Juniors at work

16 Junior Victorians recently competed in the Australian Schools Slalom and Wildwater Championships.

The competition was held in Northern N.S.W. at the Nymboida course, from July 6 to 12.

11 of this group are in the Victorian Junior slalom squad,

'The Paddler' asked Tim Wilson, a member of the group, to prepare an article about the trip. This is what we got.

For most, it was the biggest water they had come across and they obviously felt a little nervous to begin with.

However, once encouraged and on the water, all the paddlers enjoyed it immensely.

Greg (Salter) in his C1, was miraculously drawn towards every stopper on the river and rolled no less than 50 times.

On the last day, Ben picked up all his courage and hurled himself down the fierce tennis court rapid, much to the delight of his parents.

The 'Cork Screw' rapid had a great time by unscrewing the nose of Katy Tuck's Pro-Am Extra.

Tail-Stand (Wayne) Thomas did the inevitable by cracking the tail of Nans favorite boat at the Rocky corner stopper.

Robyn Fox had to be constantly reminded that the finish of the course was after gate 25 and

that gate 15 wasn't a 'roll' gate.

Andy Farrance and Tim Wilson quickly learned that forward paddling was a definite criteria for negotiating the bottom stopper of the tennis court.

As all the young N.S.W girls looked on in horror, Grant (McClellan) was perfectly relaxed as he rode out the tennis court stopper.

Lynnies favorite little boy (Richard McQuire) was quickly shown 'how it was' at the 'Tail Race' and 'Tennis Court' stoppers by a couple of 'small time' local females.

Andrew and Simon certainly made full use of all their time up there and in spite of their own claims to be staying at a motel, were never seen to leave the river.

Encouraged by all, Cathy eventually gritted her teeth, closed her eyes and powered down the tennis court. Lack of control was certainly no deterrent to try again.

Jeff and Chris performed exceptionally well in the Rapid River Race, the slalom and the downriver. Apparently their diet had a lot to do with it.

Mia proved to be a dare devil, refusing to be out-done by anybody. After surfing the bottom 'Tennis Court' stopper and breaking the nose and tail of her boat, she became 'one of the boys'.

Tim Wilson.

ED: Hard to believe that their parents were there all the time, isn't it!

reflections...

It was with some surprise that the Federation's newly appointed representative on the Standards Association of Australia discovered that the Victorian Government has already approved additions to the Legislation governing P.F.D's (formerly known as Lifejackets and Bouyancy Vests).

Whilst this addition only concerns the mandatory fitting of EXTRA SOLAS grade high-intensity retroreflective tape, it will cause a great deal of confusion for canoeists especially those from all other states, wishing to compete of canoe recreationally in Victoria after December 1, 1987.

What it now means is, that after December 1, 1987, all Bouyancy Vests (PFD's) worn in Victoria MUST conform to the State legislation. It was stated that anyone using a PFD on Victorian waters (both Inland and Coastal) must comply with the regulation, and this included people visiting and using Victorian waterways.

But where does this leave us - the Canoeist?

The legislation is IN, so current vest being worn will need "up-dating" with a Do-it-yourself kit. These will be available through manufacturers, shops etc. we were told. Average cost? Sitting down?...\$10 to \$14. Manufacturers will need ot sell kits for "old stock" and all "new stock" in Victoria must comply -- but manufacturers also want overall standards.

The Murray River was discussed with some humour... the water belongs to NSW, does this mean all Murray Marathoners wearing PFD's must not land on the Victorian bank (with their vest on?). Definitely don't paddle up any side creeks on the Victorian side!

Joan Morison
A.C.F General Sec.

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The brat pack!



Mia Farrance at Dights Falls in Flood.

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Canoeings 'Brat Pack' is the 1987 Victorian Junior Slalom 'A' Squad.

The team is Richard Macquire (15), Andy Farrance (14), Tim Wilson (17), Jarod Pinder (13), Kaine Pinder (16), Mia Farrance (13), Cathy Kesterton (16), Aaron Merrill (16), and Jeff Stagg (16).

Despite their ages, this group already have numerous state and national titles under their belts. Far from specializing in slalom they also paddle successfully in Downriver, Sprint, and Polo.

This latest generation of juniors seem to have skipped the almost traditional fledgling days of lugging messy 40 lb., chopped-strand Olympics along to Yarra slaloms for a few obscene attempts at gates, down to Fitzsimmons Lane or up to Homestead Rd.

Instead, they've stepped straight into the latest factory made kevlar or carbon-fibre competition boats. And they never stay in the same one for too long. 'Brat Pack' philosophy seems to demand keeping up with the latest form the European designers. Significant numbers of their 'old' and 'used' craft are scattered amongst their imitators.

All juniors are welcome to try out for the team although entry requirements are strict. Applicants should have, above everything; above the subtle arrogance that success breeds, above the opulence, and above the ability to continuously up-grade equipment, you need a personal quality of conviction, and energy of feeling and outstanding skills at paddling canoes and kayaks.

Applicants should realize that competitive sport involves a certain amount of bodily discomfort; i.e. pain, and effort. Pain is often difficult. It's unpleasant; a low, sickening ache, and it's as a junior you begin learning how to master it. Unfortunately you also learn that it's easy to shy away from, easy to slow a little or even stop, until it lessens or goes away. It doesn't hurt as much but you don't win. You need to learn how to suppress the twinges and have a kind of patience with pain.

Finally, you need to show potential. Selectors require regular demonstrations in the form of sparkling performances that rival, or even eclipse those of Open paddlers.

Applications are now welcome.

Maximising Your Performance at Harvey.

Paul Beattie gives juniors a few success tips for the up-coming Slalom Nationals.

Unless your final approach to the Australian Championships is well planned, much of your training will go to waste.

It really is a matter of sitting down, mapping out a schedule and sticking to it. This should include number of sessions per day (what type, when, and how long), rest, food for each day, sleep etc. This may sound like overkill, but it has been common practice for many years in Eastern Bloc countries (notable East Germany, which has achieved a better than 90% personal best performance rate at Olympic level. Australia fluctuates around 2%).

Obviously there should be some flexibility as not everything will go to plan, but several aspects must be strictly adhered to.

For example, the course may be open between 12.00 and 4.00. That doesn't mean you stay on the water for 4 hours in order to get to know the water. This is a trap I see many juniors on their first time at a course fall into. Quality, not quantity, is the key. I prefer to get on, do the session, and get off. Also, I would rather paddle when no-one is on the course. Waiting around for people to get out of eddies and dodging swinging gates is not my idea of an efficient session.

It is probable that gates will be up over most sections of the course. This is good, as it will save you some work. However, this is not the course, so don't practice it as though it is. When you are on the water, get to know as many combinations as possible, even in places where there are no gates.

If possible, plan your sessions around the time you will race. This may not always be feasible due to crowding or water-release times. However, try to establish a routine, with time set aside for stretching and an on

water warm-up before start time. Note; if you have not used stretching in your training program before now, don't start.

I have found that getting on the water about an hour before the start and doing a 15-20 minute warm-up works for me. After this I get changed into dry clothes, get out of sun/cold and have a small drink, light stretch and then on the water with about 5 minutes to go. Warm-up techniques are very individual, however, sitting around for half an hour before the start is not conducive to a great race.

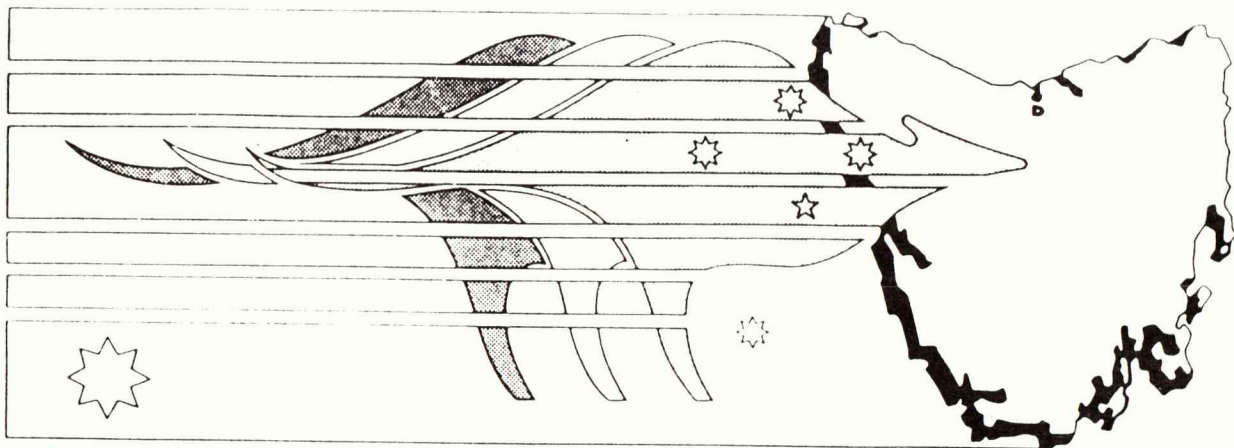
When you have finished your training session, and you have no important things to do at the course, leave it. Don't waste energy (mental and physical) by walking up and down the course or staying out in the sun. Go back to Harvey, have something to eat and relax. This is especially important if you are not a local. The drive over will have been exhausting, now is the time to recover. Even if you flew, chances are it will be a lot hotter and drier than Melbourne. You are in a different environment and will be using a lot of nervous energy thinking about the race. Try to be as lazy as you can between sessions.

Sleep....Get plenty of it! If you usually sleep for 9 hours per night, stick to it (or add an hour). Don't decide to change your routine now that there are lots of people from other states to talk to. There's plenty of time to rage after the race, especially knowing that you did your best.

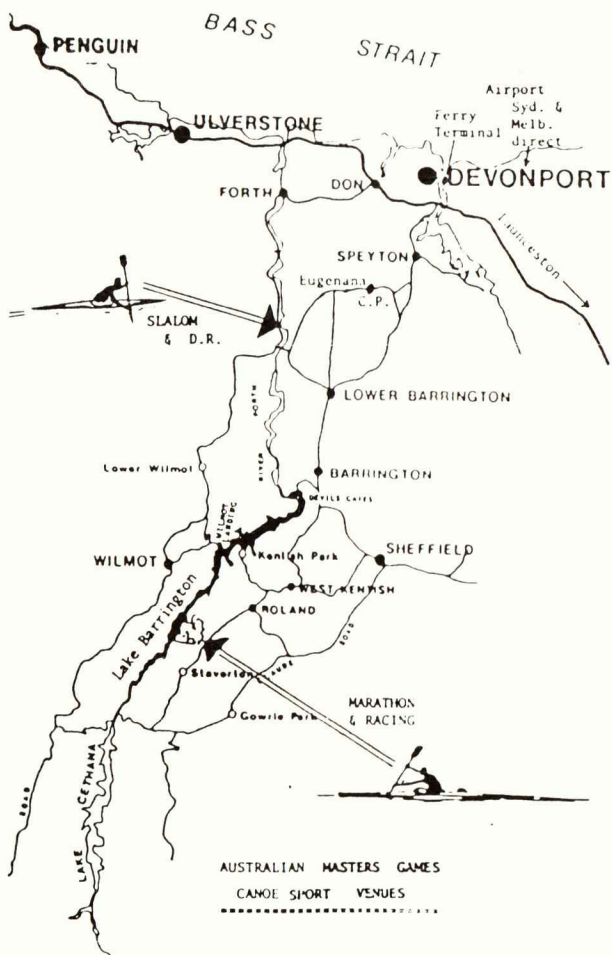
Food....If you weren't a vegetarian before now don't suddenly decide to change, thinking it will be good for your karma. Just because the local Harvey restaurant is having a special on East Yemen Sloth steaks if you buy six at a time, does not mean you should alter your normal everyday diet. Perhaps a tendency towards high energy carbohydrate fuels will be in order for slalom, the key is not to fad, not to try foods you have never tried, and not to hit the fast food.

All the above ideas may sound obvious to many, if they do, good. You know how important it is to stay as close as possible to the routine back in Melbourne you are used to. For those of you who never really thought about it, you are sacrificing valuable energy, which can be measured in seconds on race day.

How many seconds can you afford to give the opposition before you start?



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- Events Slalom MK1 MC1 MC2 LK1 LC1 LC2
 Downriver Racing – Course 8Km Grade 2 MK1 MC1 MC2 LK1
 LC1 LC2
 Canoe Racing 500M 5000M MK1 MK2 MC1 MC2 MTK1
 LK1 LK2 LC1 LC2 LTK1
 Marathon MK1 MK2 MC1 MC2 MTK1 LK1 LK2 LC1
 LC2 LTK1
- Age Groups 35-40 41-45 46-50 51 +
 Marathon Age Groups and Distance 35-45 (20Km) 46 + (15Km)
- Canoe Slalom – Forth River 28 & 29 November
 Canoe Downriver racing – Forth River 28 & 29 November
 Canoe Racing – Lake Barrington 30 November & 1 December
 Canoe Marathon – Lake Barrington 2 & 3 December



For an entry form contact your Club Secretary or send this coupon to First Australian Masters Games, P.O. Box 587, Glenorchy, Tas. 7010 or call 002-740750.

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FAMG-CANOE

Polo ... short and sweet

Twelve X Twenty minute games played in two hours in one 50 metre pool. Magic! No, just a good example of the clever use, by Canoe Polo, of what was previously considered a nuisance.

Take 3 or 4 polo players with a number of years of experience on club and Polo committees. Squeeze them all into one car and point them towards Sydney for the Australian Polo Championships and it would appear you will get twelve months worth of ideas to implement. This is where the Winter Canoe Polo idea blossomed from and was confirmed as the way to go by a survey of player indicating they wanted more polo, either by two nights per week, two games per night or longer or more competitions.

The Competition Committee introduced winter canoe polo to fill the large break between Autumn and Spring

competitions. The Autumn competition was moved forward to avoid the difficulty created when the State Swimming Centre move the Bulkhead, dividing the pool into two 25 x 22 meter pools, a playing area about 8 meters shorter than is normally used. (This is done for the short course swimming season).

Winter Canoe Polo is a small pool game so the rules have been modified by dropping higher grade teams to four players per team and most weeks teams get two games per night with two games played simultaneously. It is a Round Robin competition with no finals or premiers.

Confusion over whistles from the other game looked a major problem, but with the first couple of weeks over and the marvel of canoeist's ability to adjust to the elements, players appear to be able to pick up where the whistle comes from, eliminating the need for different tone whistles.

Players are enjoying the more casual approach, with the double bonus of being able to play two games in one night.

Phil Giddings.

WINTER CANOE POLO AT RICHMOND.

The lower grade team members are keen to get out of the 25 meter pools and into the full size pool game. On Tuesday evenings, teams are limited to no more than two 'A' or 'B' Grade players and compete under standard rules also with two games per night. The limitations placed on team members ability encourage higher standard players to compete with and coach the lower grades.

VICTORIAN STATE CANOE POLO CHAMPIONSHIPS. SEPTEMBER 26 & 27 & OCTOBER 3 & 4.

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Entries Close 31-8-87.

VICTORIAN SCHOOLS CANOE POLO CHAMPIONSHIPS

13th September.

State Swim Centre.

Batman Ave. Melbourne.

Entries Close 20-8-87.

Enquiries: Canoes Plus.

CanoEd

Newsletter of the Victorian Board of Canoe Education.

After many years of service to the board as Treasurer, Tony Prior did not stand for re-election. His efforts over the past 8 years have ensured the financial stability that has come to the Board. His work has been invaluable.

His services to canoeing are not lost, however, as Tony has been re-elected as Chairman of the V.A.C.A. We thank him for his excellent work.

Upstream (Recent events)

Outdoor Recreation Centre:

The Minister for Sport and Recreation has recently announced funding to establish an Outdoor Recreation Centre for Victoria.

The aim of this Centre will be to provide a public focus for Outdoor recreation and education services and to provide secretarial support for community organisations involved in Outdoor recreation and Education.

The foundation members are: Ski Touring Assoc. Vic. Camping Assoc. of Vic., Victorian Outdoor Education Assoc., VicWalk.

The V.B.C.E has been invited to participate and is awaiting the final establishment of office premises before committing itself to a move from its present office.

We are keen to hear from anyone who is aware of suitable office premises, to house 6 people, in the general vicinity of Westerfolds Park, Lower Templestowe.

Downstream (Coming events)

1. Mitchell River trip Sept. 12/13th
(See last issue or 'Canoed' for full details)
This is always a great weekend for all but we do need to know if you intend coming along. Please phone or write soon. Further details will be sent. Cost \$5.

2. Advanced Course:

Venue: Mitchell River. Slalom Rapid.

Date: October 3 & 4

Cost: \$65.

Format: 1.5 days training on grade 3 water with testing on Sunday afternoon.

This is a pre-requisite for those who wish to gain the A.C.F. Senior Instructor award.

Please register by phoning or writing to the V.B.C.E. Full details sent on application.

3. Family Fun Day.

Sunday Oct 25. This is planned to coincide with the official opening

of our Boat Shed at Westerfolds Park. Once again we will be needing the assistance of all instructors and trainees. Plan to bring along your friends and family.

Anyone who has access to a fleet of boats please advise. We need to cater for a minimum of 100 people on the water.

General Notices.

Instructors Award Assessment Nov.21/22.

All trained instructors who attended their initial training in April 1986 will need to present for assessment in November this year. If you require an extension to interum training please contact Cary for the appropriate form. Candidates who began interum training prior to April 1986 and do not apply for an extension of interum training will automatically lapse.

Extensions to the 28 month interum period can only be granted where candidates can illustrate a continued involvement in canoeing and instructing.

All candidates for assessment in November will need to submit a photocopy of their log book, detailing trip and teaching experience, prior to being accepted for assessment.

2 Basic Skills Course:

We are still in need of instructors for some Basic Skills courses later this year.

1. Sept. School holiday. 22 and 23 Sept. all day.

2. Oct. Sat/Sun afternoons. Oct 10/11, 17/18. 1.30 -3.30 p.m

3 Nov. Sat/Sun all day. Nov 14/15.

Please advise if you can help.

THE MITCHELL RIVER CHALLENGE.

A two day adventure race organized by Southern Cross Canoe Club and Bairnsdale APEX.

It will start on October 17 near the Wannangata bridge (near Dargo) and finishes below the final fling. The last rapid on the Mitchell river.

There will be check points on the river so that we can keep track of competitors, and a sweep crew following the last boats.

Competitors, will be in teams of two so that safety will be a major consideration.

The first days paddle is mostly grade 2 and we will be camping at the old Angusvale Township.

Day 2 will be more exciting with a number of big rapids which can be portaged.

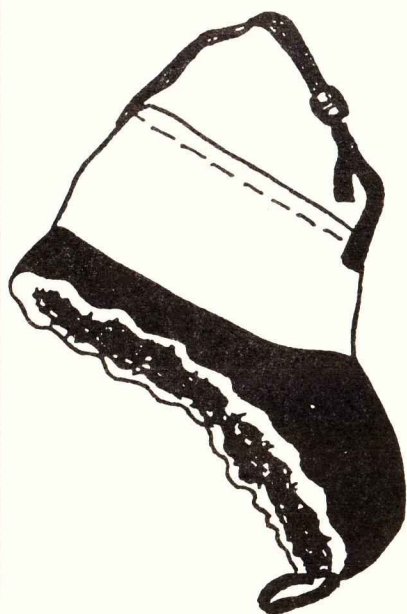
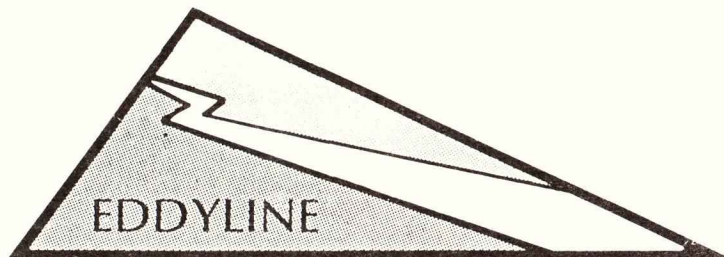
This race is aimed at the serious D.R.R. canoeist and the competent touring paddler.

There are classes for downriver races, touring kayaks, and decked canoes, in Ladies, mixed or open.

INTERESTED? Ask your club secretary for an entry form or phone Charlie on 870 3217 or at work on 758 9635.

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DUO is a unique spray deck it combines the features of both nylon and neoprene.

The body section is made from durable well proofed 4oz nylon. The elastic at the top is adjustable to allow a firm fit around the body. It is also easily replaced.

There is also an adjustable shoulder strap which has the front half elasticised to allow free upper body movement without causing the deck to come adrift from the craft.

The deck section is made from a single piece of neoprene. This allows the deck to stretch to fit many differently shaped rims and yet remain nice and taught.

The rim is made of nylon and thus is thin enough to fit low profile and rounded deck rims (eg plastic craft) easily.

The shock cord within the deck rim is also adjustable and easily replaced if required.

It comes in two colours per item. The neoprene being black and the nylon being one of red, blue, or yellow.

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A TRIATHLON FOR EVERYBODY...

Only recently has the triathlon, a triad of swim, cycle and run come of age. However events such as the Wildtrek winter classic, a seven section two day endurance in the Victorian Alps added a new perspective. What was lacking was an event within the reach of the casual entrant but remained a challenge for the serious competitor.

This gap has been successfully filled by the Annual Whitehorse Bush Triathlon (ex Barkly River BT)

staged by the Whitehorse Canoe Club (Melb). Competitors are attracted to the event for varying motivations among which are the breath-taking scenery, the comradry and the friendly Whitehorse crew.

Three to four hours after the start, competitors descend the final ridge to the finish. Some will have trained hard and given their all for the competition. Others will have entered as a personal challenge to complete a course set out to test their abilities. Whatever the motivation; the

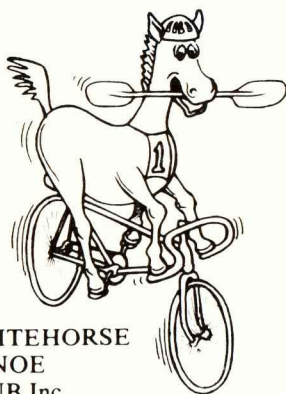
challenge to win, the challenge to finish, or just the urge to compete amid some of Victoria's finest mountain country, everyone agrees that the Whitehorse Bush Triathlon is Australia's premier Bush Triathlon.

The first leg instead of the customary swim is a 15 km paddle on the Barkly and Macalister rivers. At this time of the year, early spring, the river is lined with new blooms and the air filled with fragrant scent. Melting snow and the recent winter rain ensure a good river level and an exciting, fun paddle to the change-over area for the cycling leg. This section mixes bitumen and gravel road cycling. The pleasant 25 km course follows the river then sneaks up to Primrose Gap through farm land and winding mountain roads. Next comes a thrilling 'helter-skelter' descent over the last few kilometres to the change over area for the cross-country run.

The course winds along the Barkly River walled by rugged gorges before suddenly emerging into a hidden river flat. Further on the climb to the top of Twin Hills is rewarded by a breathtaking view of the Victorian High Plains.



The WHITEHORSE BUSH TRIATHLON



WHITEHORSE
CANOE
CLUB Inc.

Sunday, September 6
Licola, Victoria.

- *10 km whitewater canoeing
- *25 km mountain road cycling
- *8 km cross-country running

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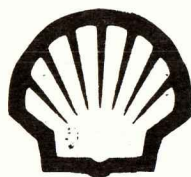
The Commonwealth Government has created the Australian Sports Aid Foundation, for the purpose of providing tax incentives for donations to sport.

All funds received by the Foundation will be allocated to sporting organizations, or used directly for the development of Australian sport, they will not be used for administration.

There are two types of donations; preferred donations and general donation. It is expected that most donations will be of the preferred type, where the donor nominated the sport to which he or she would prefer the gift to be allocated. While the terms of the Income Tax Assessment Act preclude donors from placing conditions on how donations should be allocated, donors can have every confidence that their preferences will be respected. It is important to note that only donations to the Foundation can be claimed as tax deductible. Any allocation for which the donor receives some benefit (e.g. sponsorship) cannot be classified as a tax deductible donation. All donations of \$2 and over are tax deductible.

People wishing to make donations to assist canoeing or canoeists, should contact the V.A.C.A. Secretary to obtain an application form. Contact: Jill Prior,

1 Byrne Court,
Cheltenham. 3192.
Tel: 583-4260



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REPAIR RISKS.

Winter means water, water means rapids, rapids mean repairs. But before your fix your boat, read this.

Glass fibre may be as dangerous as white asbestos as a cause of lung cancer and other diseases.

In view of this, if you do not already wear a mask while working with fibreglass, it may be a good idea to start doing so ... particularly when sanding it back.

Another hazardous substance to breathe is the dust from two-mix or surfboard type foam. Also, fumes from burning white buoyancy foam which we commonly use.

Remember: fibreglassing materials are all chemicals, and as such should be treated with care and respect. Avoid contact with eyes and skin, avoid breathing fumes and dust. Keep materials away from open flames.

Thanks Ruth.

Ruth Goddard recently retired as the editor of 'The Paddler'.

Ruth commenced her association with the magazine (along with a few canoeing friends) in April 1976, when the floundering magazine was only one issue old. Now, eleven years and 65 issues later, Ruth has bowed out. In her segment of the V.A.C.A. Annual Report this year, Ruth thanked those friends who have helped her in the past, and those that have continued to help until now.

Ruth treated her job most professionally. She was so keen to learn what was happening that she rarely missed a Council meeting even though she was not entitled to vote. She learned what the paddlers wanted and tried her hardest to provide it. Judicious use of editorial authority early in the life of the magazine set a high standard, and this has been maintained throughout.

'The Paddler' is now well established as the magazine of the V.A.C.A. This has not happened automatically, it has been achieved only by our Editor's hard work, dedication, and desire to do a good job.

On behalf of the V.A.C.A I sincerely thank Ruth for the service she has provided to Victorian canoeing.

Tony Prior.

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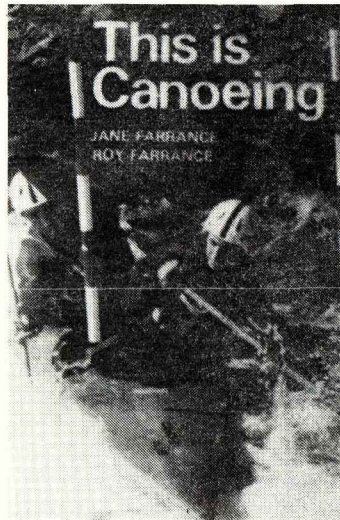
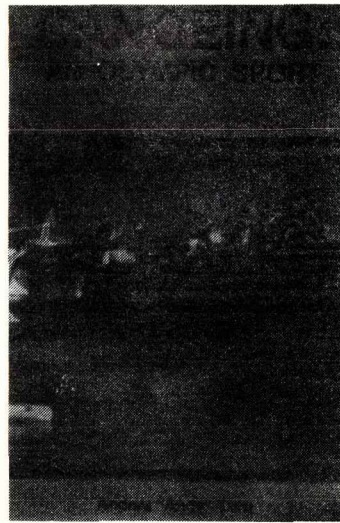
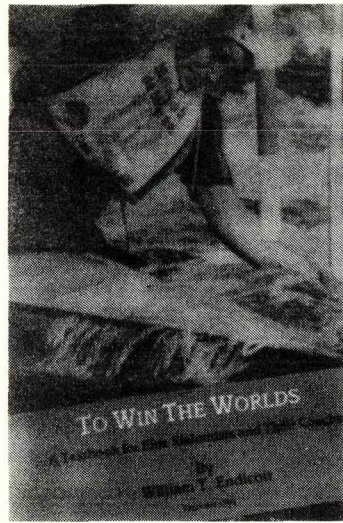
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